

JANUARY 17TH, 2025

Senior Voice

Trinity School, Teignmouth, TQ14 8LY



TRINITY
SENIOR VOICE

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ON THIS DAY IN
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HEADMASTER'S MESSAGE

It was with great delight this week that Trinity launched a World Challenge Trip for 2026. The destination is Montenegro, in Europe but away from the usual beaten track of the euro-tour, beach holiday or weekend break. It is, by the look of things, a beautiful country situated between Bosnia and Albania, across from the boot of Italy, towards the bottom of the Adriatic but it also has terrain that is rugged and invites adventure which is key to a World Challenge expedition. Our pupils will engage with the culture and people, not just visit tourist spots, trek and camp in the Durmitor and Lovcen National Park and around the largest lake in the Balkans, Lake Skadar. They will make decisions about what they do each day as an expedition and decide how they wish to challenge themselves.

Continued overleaf...



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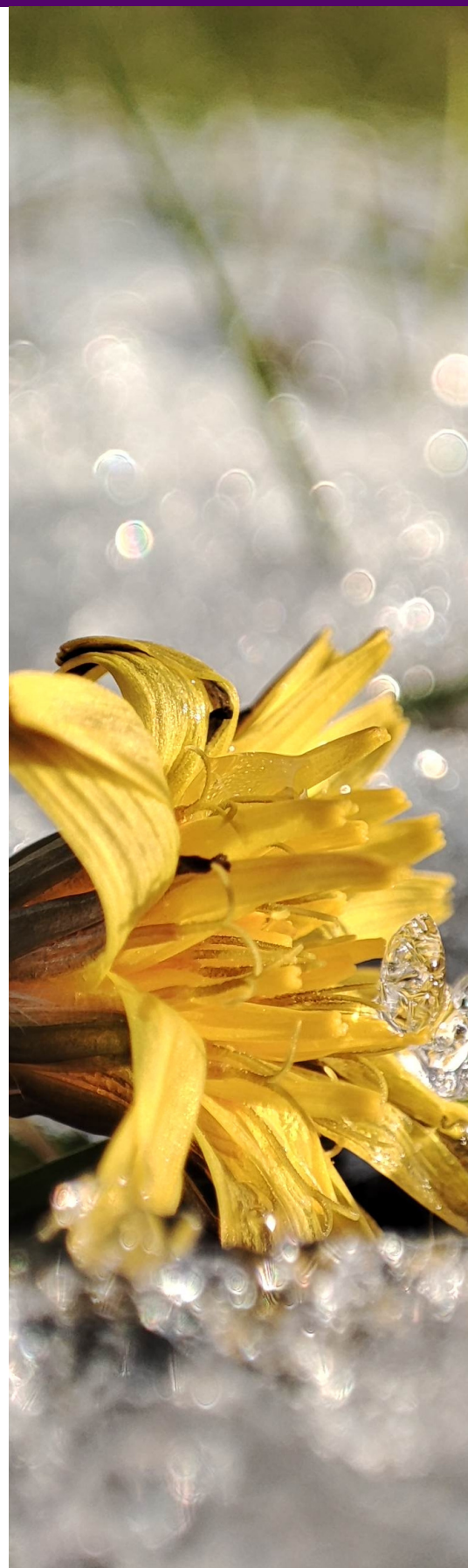
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Challenge and overseas travel often go hand in hand. Paris is not so far away, not off the beaten track and a little too familiar to be considered exotic but when I travelled on my own there, when I was 15, it was a challenge. In thrall to French artists and some writers, albeit that one of the latter was still, given my youth, Rene Goscinny with his Asterix series, I planned the trip with a friend. At this stage, my parents were only a little nervous but when the friend dropped out and I insisted on going alone, they became much more so. After some consideration and with, I later found out, much trepidation on my mother's part, they agreed to my four-day visit to the French capital. This was in a time before the Eurostar, the internet or mobile phones. My room was in the garret of a small hotel on the left bank with a tiny bathroom shared with all other rooms on the floor but with a view of rooftops and in the distance the Eiffel tower. All very romantic, if quite basic. I decided to walk everywhere and met as you would expect a few rogues but mainly lovely people along the way. My father said to me after that trip, that he felt I walked taller, fanciful perhaps.

I was reminded of my little adventure this last summer when a news story centered on Kirsty Allsopp, the television presenter and her son caused much discussion about Britain's "risk-averse" culture as she revealed she was reported to social services for allowing her 15 year old son to go on an Inter-railing trip. The Location, Location, Location presenter, said, "I thought his trip was inspiring, and it never occurred to me in a million years that a call from children services would be involved, it's been a huge shock, not least for Oscar." She pointed to the work of Jonathan Haidt and other social psychologists who see a link between less freedom and trust and more mental health concerns amongst young people. Nevertheless, it caused much debate about parenting, negligent in this case or not with people taking sides. In truth, as Allsopp pointed out, she broke no law and the law and state currently let parents decide on the levels of competence of their children with regard to independence. In allowing our children to be challenged or challenge themselves, there is always an element of risk to benefit analysis and when I was 15 my parents made that calculation for and with their child. Not foolish risk but some element of risk is a healthy part of childhood, growing up and shaping your character and as is always the case, it is about a healthy balance.

That said, our trip to Montenegro, will be an expedition, a group of likeminded souls, well supported by the World Challenge team and our staff but still empowered to take decisions and decide on the level of challenge they want in their activity. Trinity is a school which looks out to sea, to the horizon and beyond and it is appropriate that one of the things we seek to do is expand our pupil's horizons, to bring people here from different cultures but also to encourage our young people to go out into the world, to engage with the world, risks and all.



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OUR NEW ERG GYM



This is the school's new Ergometer Rowing Machine Gym. IT is currently used by Trinity's Rowing Club Students on their thursday club and will be introduced into sport lessons.



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HOUSE POINTS UPDATE

1st – Luscombe 2,648 points

2nd – Powderham – 2562 Points

3rd – Ugbrooke – 2495 Points

Student Leaderboard

1st – Shakira May – 165

2nd – Jayden Kirungi - 151

3rd – Jessica Sinclair - 136

4th – Libbet Marshall - 127

5th – Alice Lovett – 116

"With determination,
what seems
impossible becomes
achievable, as every
step forward is fueled
by resilience and an
unyielding desire to
succeed."

Top Housepoint Earners

1st – Automne Mulliez

2nd – Isabel Sunshine

3rd – Rooney Min, Ruwa Mwaturura, Adam Moore, Jessica Sinclair, Lily-Mae Salter, Dare Ali-Napo, Noah Smith



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FIXTURE RESULTS

Congratulations to the U15s on their first match of the season and well done to Elin for getting player of the match.



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SNOWDROPS!

Congratulations to Lola, Lowenna, Sienna Cullen, and Victoria for being the first to find the snowdrops and send Mr T a photo!

A reminder that January is all about new beginnings.



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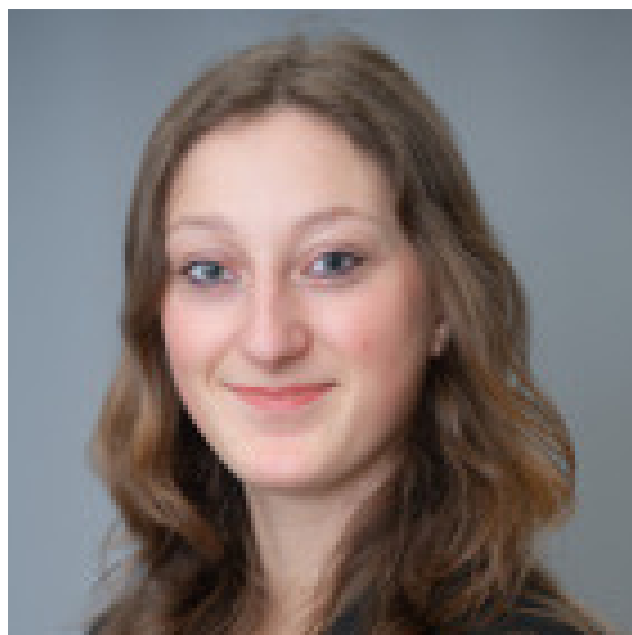
OUR NEW PREFECT

We have 4 new prefects joining our leadership team

Rooney Min



Chloe Downer



Alex Brown



Max Macdonald



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BOARDING LIFE



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On Saturday our boarders went on a trip to the Ness. They enjoyed the view despite the grey skies!

Later that day, the Boarders and staff enjoyed a silent disco!



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COMMENDATIONS



Libbet Marshall
Willow Jeffery
Nova Jeffery
Lilly-May Salter
William Mason
Blake Hawkins
Gemma Newton
Jayden Kirungi
Amelia Bartorelli
Charlie Starr
Elin Partridge
Finley Simmons
Martha Viney
Federico Bernades



Reuben Cooke
Ben Clark
Ben Collison
Esmee Glue
Iruoghene Ojile
Joshua Smith
Lily-Mae Pettifer
Sasha Vorobiev
Mariia Ilnytska
Automne Mulliez
Isabel Sunshine
Sebastian Gibson



Willow Jeffery
William Mason
Blake Hawkins





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ON THIS DAY IN HISTORY... 10TH DECEMBER

- In 1773 Captain Cook became the first to cross the Antarctic circle...
- In 1779 Captain Cook made his last notation in "Discovery"'s ship's log...
- In 1912 Captain Scott's expedition reached the South Pole, one month after Roald Amundsen...
- In 1920 the first day of the prohibition of alcohol began in America...
- In 1929 the cartoon character "Popeye" first appears in a comic...
- In 1946 the UN Security Council held its first meeting in London...
- In 1955 US submarine "Nautilus" began its first nuclear powered voyage...
- In 1991 the Gulf War's "Operation Desert Storm" began...
- In 2024 Buckingham Palace announced King Charles was receiving cancer treatment and the Princess of Wales was hospitalised for abdominal surgery...



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World
Challenge

Trinity School

Expedition to

Montenegro



Join our zoom call to find out more

Thursday 23rd January

at

7:30pm

Nicola Collison

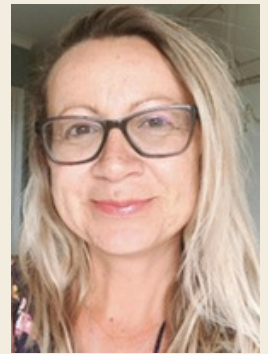
PG Dip in Play Therapy & Credited Counsellor (NCPS)

Talking and Creative therapy

IT'S OKAY TO ASK FOR HELP

I will have a room set up in school so children and young people can choose, with my guidance, how they want to use the sessions.

Hi there, my name is Nicola Collison. I am a qualified counsellor accredited by the NCPS (National Counselling and Psychotherapy Society) and have a Post-Graduate Diploma in Play Therapy. Before that, I was a Primary School Teacher for over 20 years.



No thought or feeling is ever too small or insignificant to explore

“Young people’s lives are so busy and full of pressures that they are having to deal with daily. The need for a safe space where they can be themselves and learn to understand feelings that arise has become ever more important.”

I have worked with children and young people with a variety of needs. Amongst these are bereavement, anxiety, self-esteem, gender, trichotillomania, addictive tendencies, self-harm, eating difficulties, emotional and behavioural difficulties, children with A.D.H.D. and autism. I work primarily in a person-centred way, but depending on how the person I am working with wants to progress, we can dip into different ways of working together either creative or Cognitive Behaviour Therapy (CBT). This will very much allow them to lead the session and me to be there to listen- we can explore together.

Please do get in touch: nccounselling7@gmail.com